

Administering Medication

Drafted by F Cromie and F Harvey September 2023

Introduction

In most schools there are pupils who may need to take medication during school hours for long or short term medical needs, or in emergency situations.

The most common ailments suffered by pupils are asthma, epilepsy and diabetes. Anaphylaxis and extreme allergic reactions to certain foods, such as nuts, fish and dairy products, is on the increase. Staff are therefore being increasingly called to administer medication to pupils. Although staffs' conditions of employment do not include giving medication or supervising a pupil taking it, staff may volunteer to do this.

Who is responsible for administering medication?

The prime responsibility for a pupil's health rests with the parent/guardian, however, to enable pupils requiring medication to participate as fully as possible in school activities the College may agree to assist a child with medical needs.

The College will ensure that all staff acting within the scope of the Pupil's Health Care Plan as well as within their terms and conditions of employment will be indemnified for all actions taken that are associated with the administration of medicines.

The responsibility board of governors is to make sure that safety measures, which cover the needs of the pupil and staff, are outlined in the school's health and safety policy.

This may mean special arrangements for particular pupils in managing and administering medication.

The policy should cover the school's approach to taking medication.

Short term medication

There are times when pupils request painkillers at school, for example, paracetamol. Staff will not give non prescribed medication without prior written approval from the parent/guardian as staff may not be aware of any previous dose taken or whether the medication will react with other medication. (Form 1: AM1)

A member of staff will supervise the taking of the medication and notify the parent in writing on the day the painkillers are taken.

If a pupil suffers from acute pain regularly, e.g. migraine, the parents should authorise and supply the appropriate painkillers.

No pupil under 16 should be given medicine without the parent/guardian's written consent.

Prescribed medication – long term medical needs

Some pupils may have medical conditions which will require regular administration of medication in order to maintain their access to education. These pupils are regarded as having medical needs. Most children with medical needs are able to attend school regularly and with support from the school can take part in most normal school activities.

In some cases pupils with medical needs may be more at risk than their classmates. The school may need to take additional steps to safeguard the health and safety of such pupils. In a few cases individual procedures may be needed, i.e. (Form 2: Pupil's Health Care Plan)

Pupil's health care plan

When a parent requests medication to be administered to a pupil at school, the school nurse will discuss the pupil's condition with the parent and the implications of the pupil's medical condition with the appropriate staff and where necessary draw up a Health Care Plan, i.e.:

- a written request together with a statement of the pupil's condition and requirements must be made available to the school (Form 3 AM2: Request by Parent for School to Administer Prescribed Medication);
- the school WILL decide on the way in which the school will meet the pupils requirements (Form 4: School's Agreement to Administer Medication);
- ensure appropriate training and appropriate medical advice is available from medically qualified persons, i.e. Pupil's GP, Specialised Nurse, School Health Teams;
- the College will ensure that a sufficient number of staff are trained in order to cover absences;
- two members of staff should be present when administering medication which could expose staff to allegations of assault or sexual abuse, e.g. administering rectal Diazepam. The member of staff administering the medication should be trained to do so and should be named on the pupil's care plan.

Emergency procedures

- All staff should know how to call the emergency services.
- All staff should also know who is responsible for carrying out emergency procedures in the event of need.
- Guidance on calling an ambulance.

Storage of medication

Some medicines may be harmful to anyone for whom they are not prescribed. Where the college agrees to administer this type of medicine, the College has a duty to ensure that the risks to the health of others are properly controlled.

The College will ensure that:

- the medicine container is labelled with the name of the pupil, dose and frequency of administration and any expiry date;
- where a pupil requires two or more medicines, these should be kept in their original container and never transferred to another container;
- medicines are kept in a secure cupboard;
- the trained staff and the pupil know where the medicines are stored and who holds the key;
- a record is kept of all medication administered (Form 6); and
- a regular check is made to ensure that a medicine is not out of date, e.g. epi-pen.

School trips

Sometimes the College may need to take additional safety measures for outside visits. Arrangements for taking any necessary medication will also need to be taken into consideration.

Staff supervising excursions should always be aware of any medical needs and relevant emergency procedures. Sometimes an additional supervisor or parent might accompany a particular pupil.

Please refer to the Department of Education guidance booklet "Educational Visits, Policy, Practice and Procedures". http://www.deni.gov.uk/educational visits 2009.pdf

School transport

The College must make sure that pupils are safe during home to school transport journeys. Most pupils with medical needs do not require supervision on school transport, but the employer should provide appropriately trained supervisors if they consider them necessary.

Form 1: AM1

Important Information

It is important to note that the administration of medication to children is the responsibility of parents or guardians and that there is no legal duty that requires school staff to administer medication to any child. However, the College is willing to put in place arrangements to facilitate the administration of certain non-prescription or over the counter medications to a child on a voluntary basis by the School Nurse in certain specified circumstances, subject to the provision of prior written consent by parents.

The current list of non-prescription medications that the School Nurse is willing to administer to a child on a voluntary basis comprises *Paracetamol* or *Calpol* in tablet or liquid form for headache, period pain, muscular pain, joint pain or ear ache; *Antihistamine* in tablet or liquid form for allergies; *Acriflex Cream* for minor burns; and *Anthisan Cream* for insect stings and bites.

Where a parent or guardian wishes to allow the College to administer non-prescription medication to a child, then they must complete and sign this *Consent to Administer Non-Prescription Medication* and return the form to the School Office. The College will not administer any non-prescription medication unless and until it has received this completed form. If parents or guardians have any queries about this form or require any further information, please do not hesitate to contact the School Nurse in College.

Pupil Information

Please provide the follow	wing basic information for your	child.			
Surname:		Forenames:			
Date of Birth:		Gender:			
Home Address:		Form Class:			
Parental Contact Information					
Please provide the follow	wing contact information for ed	ach parent or guardian.			
Parent 1 Name:		Parent 2 Name:			
Mobile Phone No:		Mobile Phone No:			

Specific Consents

Please indicate whe	ether or not you	ı wish the College t	o be able to g	give each of	f the non-prescription	n medications
set out below to you	ur child. Please	place a tick in the	appropriate b	oox.		

			Yes	No	
Paracetamol or	Calpol in tablet or liquid form				
Antihistamine ir	n tablet or liquid form				
Acriflex Cream					
Anthisan Cream	ı				
Parental Declaration	of Consent				
I hereby give (or withhold) my consent for the College to administer non-prescription medications to my child on the basis set out above. Where I have given consent, I confirm that my child has had these medications before with no adverse effect and I acknowledge that this consent will remain in place unless and until it is revoked by me in writing.					
Signature:		Date:			

Form 2: Pupil's Health Care Plan

Healthcare Plan for a Pupil with Medical Needs

Name	Discontinuity
Date of Birth	Photograph
Condition	
Class/Form	
Date	
Review Date	
Name of School	
Contact Information	
Family Contact 1	
Name	
Phone No. (work) (home)	
Relationship	
Family Contract 2	
Name	

Phone No. (work)	(home)
Relationship	
Clinic/Hospital Contact	
Name	
Phone No.	
G.P.	
Name	Phone No.
Describe condition and give details	s of pupil's individual symptoms:
Daily care requirements, (e.g. befo	ore sport/at lunchtime):
Describe what constitutes an emer	rgency for the pupil, and the action to take if this occurs:
Follow up care:	
Who is responsible in an emergend	cy: (State if different on off-site activities)
Form copied to:	

You may copy this form for record purposes

Form 3: AM2

Request by Parent for School to administer medication

Example form for parents to complete if they wish the school to administer medication

The school will not give your child medicine unless you complete and sign this form, and the Principal has agreed that school staff can administer the medication

Details of Pupil
Surname:
Forename(s)
Address:
M/F:
Date of Birth:
Class/Form:
Condition or illness:
Medication
Name/ Type of medication (as described on the container)
For how long will your child take this medication:
Date dispensed:
Full direction for use:

Dosage and method:	
Timing:	
Special precautions:	
Side effects:	
Self-administration:	
Procedures to take in an Emer	rgency:
Contact Details	
Name:	
Daytime Telephone No:	
Relationship to Pupil:	
Address:	
	er the medicine personally to (agreed member of staff) and hich the school is not obliged to undertake.
accept that this is a service wh	

Form 4: Schools agreement to administer medication

School's agreement to administer medication

Example form for schools to complete and send to parent if they agree to administer medication to a named child

I agree that (name of child) will receive (quantity and name of medicine) every day at (time medicine to be administered e.g. lunchtime or afternoon break). (Name of child) will be given/ supervised whilst he/she take their medication by (name of member of staff). This arrangement will continue until (either end date of course of medicine or until instructed by parents).

Date:	
Signed:	(The Principal/Named Member of Staff)

You may copy this form for record purposes

Form 4

Staff training record-administration of medical treatment

Example of form for recording medical training for staff		
Name:		
Type of training received:		
Date training completed:		
Training provided by:		
I confirm that has competent to carry out any necessary treatn		
Trainer's signature:	Date:	
I confirm that I have received the training de	tailed above.	
Staff signature:	_ Date:	
Staff signature:	_Date:	
Suggested review date:		

You may copy this form for record purposes Form 5 Emergency Planning

Request	for an	Ambul	lance	to
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Dial 999, ask for ambulance and be ready	with the following information.
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1.	School telephone number
2.	School name, address and postcode
3.	Give exact location in the school (insert brief description)
4.	Give your name
5.	Give brief description of pupil's symptoms
6.	Inform Ambulance Control of the best entrance and state that the crew will be med and taken to

Record of medication administered

Date	Pupil's Name	Time	Name of Medication	Dose Given	Any Reactions	Signature of Staff	Print Name
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